



Are you a

Young carer?

Do you provide regular care to a family member, who may be disabled or have a long term health condition and help at home with healthcare, personal care, cooking, shopping and housework?

If this is you and you are aged 11 - 16 why not come to the Taunton Young Carers Group on Wednesday evenings at 5.30pm -7.30pm

7 June, 21 June, 5 July, 19 July, 2 Aug, 16 Aug, 30 Aug

Meet other young people who understand



Free meal

Chill out Zone

Blog on the bog!

Various activities

Games Consoles

Free Wi-Fi

FREE to attend!

To book your place call 01823 475250 or email yc@compassdisability.org.uk